

Midfield Primary School

ALLERGY AWARE MENU

Suitable for pupils with allergies within the 14 EU

WEEK 1
WEEK 2
WEEK 3



Please note
AA in a dish name
refers to **Allergy
Aware**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	DF/GF Veggie Supreme Pizza 679590	Beef Bolognese with GF Pasta 679407	Roast Chicken & Gravy 630301	Bunless Homemade Beef Burger 670554	GF Fish Fingers & Chips 694767
					CONTAINS FISH
VEGGIE	DF/GF Cheese & Tomato Pizza 670572	GF Vegan Roasted Vegetable Pasta 679595	Roasted Root & Mixed Bean Vegetable Stew 680544	Bunless Spinach & Chickpea Burger 679531	Lightly Spiced 'Plant Based' Chickn 744561
SIDES	Homemade Potato Wedges & Sweetcorn 644277	Carrots & Broccoli 746842	Rustic Roast Potatoes & Medley of Seasonal Vegetables 689911	Homemade Potato Wedges & Baked Beans 640468	Baked Beans or Peas 640466
PASTA & JACKET	Jacket Potato with Baked Beans & DF Cheese 681015	Jacket Potato with Baked Beans & DF Cheese 681015	Jacket Potato with Baked Beans & DF Cheese 681015	Jacket Potato with Baked Beans & DF Cheese 681015	Jacket Potato with Baked Beans & DF Cheese 681015
PUD	AA Vanilla Cake 679611	GF Apple Crumble 688416	GF Vanilla Shortbread Biscuit 679625	Fruit Jelly 630866	AA Vanilla Cake 679611
	Fresh Fruit NO DAILY SALAD BAR				

**Only serve
what is on this
menu.**

**This menu
must be used
everyday for
children with
allergies to
the 14 EU.**

DATES

31 AUG / 21 SEP
12 OCT / 09 NOV / 30 NOV

STOP AND THINK!

Have you completed the Student Allergen Management Record?



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	GF Tomato & Basil Pasta 681142	AA Chicken Curry 679503	Lightly Spiced Chicken 744554	DF/GF Meat Feast Pizza 679672	GF Fish Fingers & Chips 694767
VEGGIE	DF/GF Cheesy Tomato Pasta 679533	AA Vegetable Curry 679516	Lightly Spiced 'Plant Based' Chickn 744561	DF/GF Veggie Supreme Pizza 679590	Lightly Spiced 'Plant Based' Chickn 744561
SIDES	Peas & Sweetcorn 644291	Steamed Rice with Carrots & Green Beans 782944	Paprika Diced Potatoes & Sweetcorn 744607	Homemade Potato Wedges & Sweetcorn 644277	Homemade Potato Wedges & Baked Beans 640468
PASTA & JACKET	Jacket Potato with Baked Beans & DF Cheese 681015	Jacket Potato with Baked Beans & DF Cheese 681015	Jacket Potato with Baked Beans & DF Cheese 681015	Jacket Potato with Baked Beans & DF Cheese 681015	Jacket Potato with Baked Beans & DF Cheese 681015
PUD	AA Vanilla Cake 679611	GF Chocolate Shortbread Biscuit 670576	GF Apple Crumble 688416	AA Jam Sponge 783751	Fruit Jelly 630866
Fresh Fruit NO DAILY SALAD BAR					

CONTAINS FISH

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DATES

07 SEP / 28 SEP
19 OCT / 16 NOV / 07 DEC

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	DF/GF Veggie Supreme Pizza 679590	AA Sweet & Sour Chicken 688408	Roast Chicken & Gravy 630301	Beef Bolognese with GF Pasta 679407	GF Fish Fingers & Chips 694767
					CONTAINS FISH
VEGGIE	DF/GF Cheese & Tomato Pizza 670572	Sweet & Sour Roasted Vegetables 744964	Roasted Root & Mixed Bean Vegetable Stew 680544	Roasted Vegetable Bolognese with GF Pasta 681102	Lightly Spiced 'Plant Based' Chickn 744561
SIDES	Homemade Potato Wedges & Sweetcorn 644277	Steamed Rice & Green Beans 640417	Rustic Roast Potatoes & Medley of Seasonal Vegetables 689911	Peas & Sweetcorn 644291	Baked Beans or Peas 640466
PASTA & JACKET	Jacket Potato with Baked Beans & DF Cheese 681015	Jacket Potato with Baked Beans & DF Cheese 681015	Jacket Potato with Baked Beans & DF Cheese 681015	Jacket Potato with Baked Beans & DF Cheese 681015	Jacket Potato with Baked Beans & DF Cheese 681015
PUD	AA Vanilla Cake 679611	AA Vanilla Cake 679611	GF Chocolate Shortbread Biscuit 670576	AA Lemon Cake 679656	AA Chocolate Cake 679600
	Fresh Fruit NO DAILY SALAD BAR				

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DATES

14 SEP / 05 OCT
02 NOV / 23 NOV / 14 DEC

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